

Home Stretch WA gives you the choice to access extra supports and resources until you turn 21



It's Your Choice

Home Stretch WA offers you the **right** to access supports anytime between the ages of **17 ½ to 21 by choice!**

If you give it a try and decide it isn't for you, you can always opt out later.

You can go into any Department of Communities (the Department) District Office before you turn 21 and ask to be connected to a Home Stretch WA service provider.



Transition Coach

Your coach is part of a team that will be there for you until you turn 21. They work on what you want, not what they think you need.

They don't work for the Department.



Help with Housing

Home Stretch WA can help you afford safe and stable accommodation – whether it is Staying On with a family or foster carer or finding somewhere else to live.

Housing Allowance is there to assist you to afford a broader range of living arrangements, such as shared housing or boarding or lodging arrangements.



Financial Support

Home Stretch WA can help you afford the things you need. This might be support in emergencies or help working towards your goals through 'Invest in Me' funding.



Support Circles

Your coach will help you connect with the people and places that are important to you. This includes helping you to strengthen connections to culture, family, community and Country.

By 21, you will have the confidence, knowledge and supports you need to build a better future.

Home Stretch WA was designed with young people for young people. Your voice is important. We want to hear from you to continue to improve the Home Stretch program.

You have the right to give feedback or make a complaint about the service you receive from Home Stretch WA. You can talk to your Home Stretch WA service provider and ask for a copy of the feedback and complaints process.

Your Transition Coach can help with a range of different things, but importantly, you decide what help you need and when you need it.



Listed below are some of the activities your Transition Coach can help you with.

Money

- Writing a budget
- Paying off debts
- Accessing health insurance
- Saving money and managing expenses
- Paying for bills (e.g. mobile phone, car insurance)
- Reporting to Centrelink
- Paying for education and training



Life skills

- Getting to appointments
- Developing independent living skills (e.g. cooking, cleaning, laundry, food shopping)
- Registering to vote
- Arranging transport for getting around
- Accessing driving lessons
- Setting goals
- Accessing parenting support
- Accessing crisis/emergency support and advice



Connections

- Meeting with services, such as health and community support services
- Connecting with your local community (including sports)
- Connecting with family
- Dealing with conflict
- Accessing information from the Department
- Managing boundaries in a house
- Building healthy relationships
- Developing an Eco map



Rights and responsibilities

- Knowing your rights and responsibilities
- Paying fines
- Getting your passport and other ID documents
- Accessing your Department files through Freedom of Information
- Providing advocacy support including with your leaving care plan
- Managing your curfew, and reporting to corrections



Education, training and employment

- Accessing traineeships
- Planning your career
- Accessing work experience and volunteering
- Writing a resume and preparing for interviews
- Searching for a job and connecting to job network providers
- Accessing short courses – first aid, responsible service of alcohol (RSA), barista, etc.
- Finding tutors
- Reporting to Centrelink
- Paying for education and training



A place to live

- Knowing your rights in the real estate market
- Negotiating with real estate agents
- Accessing safe and stable housing
- Learning to take care of your living space and manage housemates
- Preparing for rent inspections



Health

- Finding a doctor (GP)
- Accessing services such as the dentist, physiotherapist and gym
- Managing your medication
- Connecting with a psychologist or counsellor
- Learning how to take care of your physical, sexual, mental, emotional and psychological health
- Managing your drug and alcohol use
- Minimising harm



About you, your mob, your family

- Reconnecting with family
- Understanding your sexuality/gender
- Focusing on your hopes, dreams and aspirations
- Exploring your culture and religion
- Accessing parenting support



www.communities.wa.gov.au/homestretchwa